



## ArtiCULan

### From nowhere/de lugar nenhum

The workshop draws inspiration from the biggest humanitarian crisis ever, the refugee crisis. In order to promote an activity that can educate children, between 8 and 10 years of age, about human rights, equality, dignity and citizenship, we have developed a peddy-paper with a set of diversified activities and tasks that cross the visual arts and dance.

Each participant is given a passport that is at the same time a map of this journey. Each completed step allows the participant to “stamp” their passport and thus be able to proceed to the next step.

The route represents the voyage of a migrant and some of the possible difficulties encountered in their journey in search of a safe haven.



**Goals of the workshop:**

Critical comprehension of the reality of forced emigration and the situation of refugees

Specific goals:

1. Promote team work
2. Encourage autonomy, critical and creative thinking
3. Express concepts and qualities through motor exploration of different possibilities of the body
4. Development of attention and concentration
5. Encouraging imagination
6. Exploration of movement

**Duration:**

90 minutes per group of 15 participants (two morning sessions, two afternoon sessions)

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## Description of the activities

### Step 1: Silver Ocean

Children are invited to make the emergency blankets flow – like ocean waves – without using their hands; they can blow, use their body – arms and legs – so that the blankets do not reach the ground.



Figure 1, 2, 3. Storytelling session by Andrea Farah



## Step 2: Flying & run away

Each child receives a small box with the passport, stamps, and other materials. In groups of 4, children are encouraged to imitate birds by using the blankets as wings. Movements throughout the space are encouraged, and children run freely with their wings.





### Step 3: The wall

Children face a wall of boxes they need to trespass without collapsing it. They decide together how to go through it – elaborate a plan, discuss and vote.





#### Step 4: Mountain animals

In groups of 4, children are challenged to create an animal of the mountain, using the emergency blankets and other materials. As they succeed, each one receives a suitcase, where they can put their belongings.





### Step 5: Across the margin

Children are encouraged to put all their belongings together, inside the suitcase.





## Step 6: River draft

A new challenge arises - children have to cross a river of revolting waters with their suitcase, without wetting it.





### Step 7: The labyrinth

Carrying the suitcases, the challenge is now to go through a labyrinth and find the clue for the next challenge. Children cannot make any noise and move as silently as possible.





## Step 8: Shelter

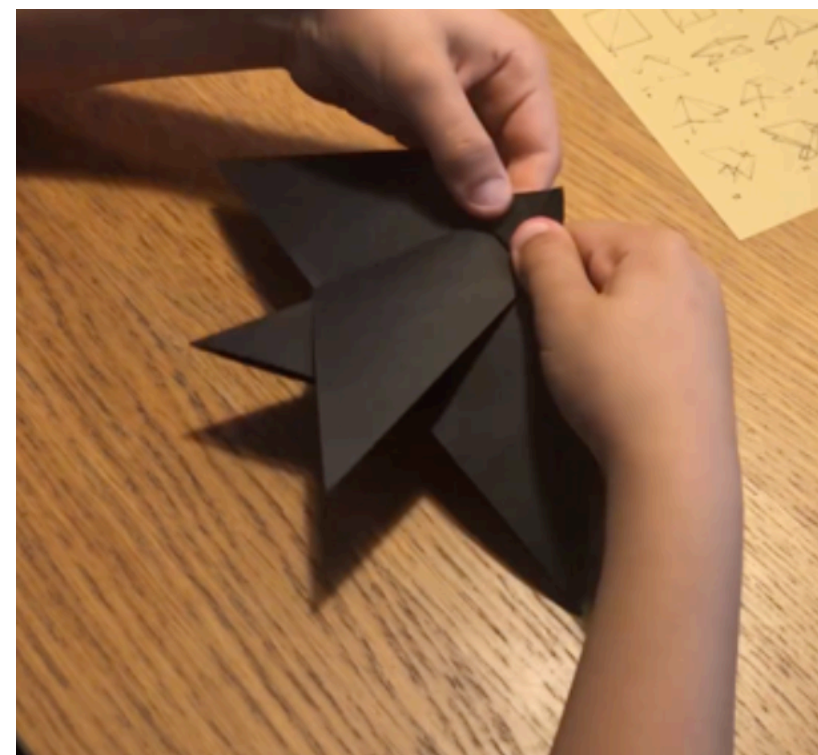
Children have to build together a shelter – using the emergency blankets and the suitcases – in which all feel safe and belong to.





### Step 9: Releasing the swallow

At last, children must do an origami of a swallow, representing freedom. As they finish it, they receive the last stamp and the passport is complete.



### **Materials:**

- Mattresses
- 1 passport (gift to the participants)
- 1 set of self-adhesive stamps (gift to the participants)
- 1 emergency blanket per child
- 4 clips
- 1 small cardboard box
- 1 suitcase-shaped cardboard box
- Emergency blankets necessary to construct the labyrinth according to the space provided by the school
- Sheet of paper with instructions for making an Origami-type Swallow (gift to the participants)

### **Organization:**

The activity can be conducted in any facility as long as it has large free spaces (e.g., school with an outside playground).

### **Support materials**

Pedagogical Kit containing the book "The Journey" by Francesca Sanna and a Set of Questions to guide the interpretation of the activity

### **Concept and Design**

Academia de Dança de Matosinhos (Diana Amaral & Sara Silva)

Moradavaga (Manfred Eccli & Pedro Cavaco Leitão)

### **Illustration & Graphic Design**

Sofia Morais

### **Thanks to:**

The Portuguese ArtiCULan-team and primary school CAMPO.